

COVID-19 - SOCIAL ISOLATING

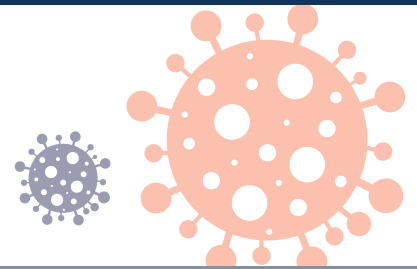
“ I’M ISOLATING AT HOME AND AM CONCERNED THAT I AM NOT CONTRIBUTING ”



If you are experiencing symptoms of COVID-19 and unable to work



REMEMBER YOU ARE KEEPING PEOPLE SAFE BY STAYING AT HOME



If you are WELL and isolating due to a family member displaying symptoms



Contact your line manager and see what you can do to help remotely



Use your time wisely. Do some research and plan for when things get back to normal.



KEEP IN TOUCH WITH WORK AND LOOK AFTER YOURSELF

For more details and up-to-date information visit:

oscarkilo.org.uk



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